



POST CRYOSURGERY WOUND CARE

Treatment with Liquid Nitrogen

Liquid nitrogen spray was used to treat your skin condition by applying it to the lesion until freezing occurred throughout it. To ensure prompt healing, without complications, please follow these instructions.

1. A blister may form at the area that was treated, usually within two days, but sometimes within a few hours. The fluid in the blister may be clear or dark blood tinged fluid. This is perfectly normal.
2. As long as the blister remains intact and there is no drainage, it can be washed gently with soap and water - no other treatment is necessary.
3. If the blister hurts from fluid pressure, you may prick the base of the blister with a sterilized needle to allow the fluid to escape. Once opened some fluid will ooze out and is normal, however if excess fluid continues to drain gently apply pressure for 15 - 20 minutes. Do not remove the remaining blister from the wound. Once opened the blister is cleansed with regular soap and water washes and thoroughly dried. *Polysporin* ointment is applied twice daily. A *Band-Aid* cover may be used if desired for protection.
4. Discomfort is usually experienced only during the procedure. However, if you continue to have some mild discomfort, Tylenol, Ibuprofen, or a similar medication will usually relieve this. Elevation of an extremity that was treated will also help to relieve pain.
5. If you should see redness spreading around the blister or drainage of pus-like material, you should contact the office for further treatment instructions.
6. The roof of the blister will dry in about two weeks, depending upon size and depth of the area treated. A crust may also form - **do not** remove it as this is normal. Allowing this crust to separate on its own will improve healing and decrease scarring.
7. Even with careful treatment, lesions will sometimes regrow or a new lesion may appear nearby. These lesions may also need to be treated. Please call to make an appointment so that they may be treated before they become larger.